

YI MU CAO KE LI 益母草颗粒

【成份】益母草。辅料为蔗糖、糊精。

【性状】本品为棕黄色至棕褐色的颗粒；味甜、微苦。

【功能主治】活血调经。用于血瘀所致的月经不调，症见经水量少。

【规格】每袋装 15 克。

【用法用量】开水冲服。一次 1 袋，一日 2 次。

【不良反应】尚不明确。

【禁忌】孕妇禁用。

【注意事项】

1. 忌食生冷食物。
2. 气血两虚引起的月经量少，色淡质稀，伴有头晕心悸，疲乏无力等不宜选用本药。
3. 有高血压、心脏病、肾病、糖尿病、或正在接受其他治疗的患者应在医师指导下服用。
4. 平素月经量正常，突然出现经量少，必须去医院就诊。
5. 青春期少女及更年期妇女应在医师指导下服药。
6. 按照用法用量服用，服药过程中出现不良反应应停药，并向医师咨询。
7. 对本品过敏者禁用，过敏体质者慎用。
8. 本品性状发生改变时禁止使用。
9. 请将本品放在儿童不能接触的地方。
10. 如正在使用其他药品，使用本品前请咨询医师或药师。

【警戒性声明】出血倾向者避免使用该产品，手术前两周停止服用。

【药物相互作用】如与其他药物同时使用可能会发生药物相互作用，详情请咨询医师或药师。

【贮藏】密封。

【包装】镀铝膜装，每盒 10 袋。

【有效期】36 个月

【执行标准】《中国药典》2015 年版一部

【批准文号】国药准字 Z13020771

【生产企业】神威药业集团有限公司
河北省石家庄市栾城区石栾大街 168 号

[Ingredients] Each bag of 15g contains extract equivalent to raw herbs: Herba Leonuri 20.25g, excipients: sucrose 9.0g and dextrin 4.0g

[Description] Brownish yellow to brown granules, taste sweet and slightly bitter.

[Action and Indication] To regulate menstruation by activating blood circulation. Use for insufficient menstrual discharge due to menstrual irregularity caused by blood stasis.

[Dosage] Take twice oral daily and one sachet each time in warm water.

[Side-effects] Not known.

[Contraindication] Prohibition during pregnancy.

[Precaution]

1. Avoid raw and cold food.
2. Not suitable for patient experiencing mild menstruation due to deficiency of blood, other symptoms like pallor accompanied with dizziness, palpitations, fatigue, weakness, etc.
3. Patients with chronic illnesses or undergoing other medical treatment should consume the medication under guidance of the doctor.
4. Consult doctor immediately when sudden reduction of menstrual flow.
5. Medication should be taken with doctor's guidance for teenagers and women in menopause.
6. Consult the doctor on any adverse effects experienced when medication is consumed per instructions.
7. Avoid medication if found to be allergic and use with precaution for hyper-allergenic patients.
8. Consumption of medication should be halted if any changes in the physical characteristics of medication are detected.
9. Keep medication out of reach from children.
10. Please consult doctor if you are on another medication.

[Cautionary statement] Avoid individuals with bleeding tendency, stop usage 2 weeks before surgery.

Please consult the doctor if you are currently on other medication as interactions among the medication may occur.

[Storage] Tightly sealed.

[Packaging] Aluminium sachet of 15g each with 10 sachets in a box.

[Shelf-life] 36 months.

[Implementation standard] Chinese Pharmacopoeia 2015

[Approval Number] Guoyaozhunzi Z13020771

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